



P R E S E N T S

Yoga Practicum for Graduating Students

Free to the Public!

You are invited to attend the final practicum for our Yoga Training Graduates. These students have dedicated themselves intensely to the practice and now wish to share the fruits of their discoveries with you!

Sumptuous Refreshments Served Every Session!

Sixth Ave UCC ~ 3250 E. 6th Ave (Sixth and Adams)

**Presentation I "Self Exploration": Sat.
Dec 10, 1-3 pm**

Blake A., Emelia, Nancy, Sara A.

**Presentation IV "A Grounding Practice":
Sun. Dec 11, 3:30-5:30 pm**

Jesse M., Candie C., April M., Elizabeth R.

**Presentation II "Centering, Balancing &
the Chakras": Sat. Dec 10, 3:30-5:30pm**

Clay F., Hannah M., Mary H., Brenda G.

**Presentation V "Self Acceptance": Sat.
Dec 17, 1-3pm**

Peret, Tina, Kimberly, Annie

**Presentation III "The Craft of
Grounding": Sun. Dec 11, 1-3 pm**

Pam S., Katie S., Kirsten W., Travis U.

~ Please Bring any
props if you have them ~

Axis Yoga is **Denver's Only Donation Based Yoga Teacher Training**. We offer a thorough, in depth immersion into the heart of yoga practice. Our 200 hour Yoga Alliance Certified school is designed to meet the needs of all practitioners at every level and propel them into being skilled instructors if they so choose. If you wish to go deeper into your yoga practice, I invite you to participate in this program.

axisyoga.net | 720-934-6943

